

# February is Teen Dating Violence Awareness Month

## Where does your relationship fall on the relationship spectrum?

### Healthy

Communication in an open and honest way

Equality, where each person brings value to the relationship

Trusting in one another

Respectful of each other

Enjoying personal time away from each other

Honest with each other

Respecting each other's culture and traditional teachings

### Unhealthy

Not communicating in an honest and open way

Unequal, where one person is more valued than the other

Lack of trust in one another

Disrespectful toward each other

Only spending time with each other

Dishonest with each other

Pressured to accept different culture and traditions

### Abusive

Communicating in hurtful ways (name calling, threats, etc.)

Mistreatment and controlling behavior

Accusations of cheating

Denial of troubling behavior

Isolating from friends, family and community

Lying and hiding information

Racist remarks and making fun of one's culture and traditions



SCAN ME

**If you or someone you know is experiencing teen dating violence, there is help!**  
**Every Tribe in Michigan has advocacy services for teens experiencing dating violence.**  
**For more information call (906) 253-9775. Or find us on Facebook!**



UNITING THREE FIRES  
AGAINST VIOLENCE