

October Is Domestic Violence Awareness Month

You cannot see most acts of Domestic Violence

Domestic Violence Is Not Just Physical

Know The Difference

Physical Abuse involves the use of physical force against another. Examples include hitting, shoving, grabbing, biting, restraining, strangulation, burning, forcing drug/alcohol use, and assault with a weapon.

Emotional Abuse involves undermining an individual's sense of self-worth.

Examples include constant criticism, name-calling, embarrassing, mocking, humiliating, and treating one like a servant.

Psychological Abuse often characterized as intimidation, threats of harm, and isolation. Examples include instilling fear in an intimate partner through threatening behavior, such as damaging property or abusing pets, constant supervision or controlling what the victim does and who they talk to.

Financial Abuse includes withholding money, stealing money, and restricting the use of finances are some examples of financial abuse. Examples include restricting information from the family income, restricting the victim to work outside of the home or making them be the sole financial provider for the family, providing the victim with only an allowance or making them ask for money.

Cultural Abuse is a means by which a perpetrator can exercise dominance, control or coercion over a victim who is especially vulnerable due to their spirituality or cultural identity. Examples include restricting the victims choice to use traditional ceremonies, and sacred medicine. Abuse of ceremony to take advantage of vulnerable victims. The perpetrator can use their blood quantum to make the victim feel less than, utilizing tribal resources against the victims, threatening to expose the victim to their tribal community or their religious community.

For more information contact **Uniting Three Fires Against Violence**

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